

COSMETIC  DENTAL

 **SOMNIO**[®]
INTERNATIONAL MEDICAL HOLIDAYS PTY LTD

WELCOME



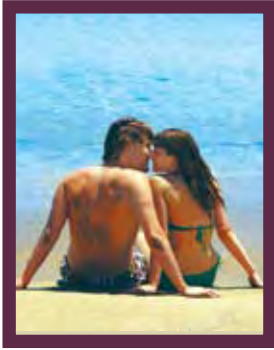
COSMETIC DENTAL

Somnio International Medical Holidays take the risk and concern out of choosing the right medical facility and surgeon for your cosmetic, dental, non-invasive or corrective eye surgery requirements.

Each one of our surgeons and hospitals have been carefully selected. Only the highest quality medical facilities with impressive records, accreditation & safety have been chosen, providing a superior standard of service.

With hospitals located in some of the most spectacular and desirable tourist destinations in the country and a range of accommodation options to suit, our staff will coordinate the medical holiday of your dreams.

**SOMNIO**[®]
INTERNATIONAL MEDICAL HOLIDAYS^{PTY LTD}

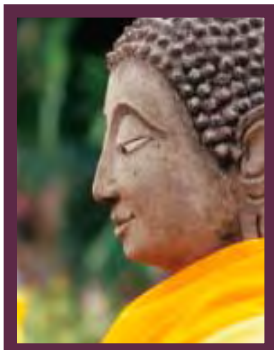


Anytime Travel

Wanting to travel overseas solo, with a friend, family or your partner? Somnio International Medical Holidays arrange your travel/transfers, accommodation, flights and most importantly your medical procedure.. We can even arrange your Tours at a discounted price.. Take the worry and stress out of arranging your medical trip and let Somnio take care of it for you. Personalised service and our daily contact with the hospital and surgeons ensure a seamless itinerary. From your pick up at the airport to your departure home, everything can be arranged for you!

Group Travel

Are you hesitant about travelling alone overseas for cosmetic or dental procedures? Don't know which hospital to choose? Never travelled before? Cannot afford for the whole family to go? Somnio offers Group Travel Packages catering for those who wish to join a group of women and men who will experience the same life changing event as you. Escorted personally to either Pattaya or Phuket by SIMH Directors. All your travel, activities/ tours (optional), hospital consultations, procedure, transfers are all arranged by Somnio. We are there to ensure you have the support and assistance required when away from home. Booking on our Group Tours is a very popular way to travel and certainly allows you to relax knowing you are being well cared for in the 'land of smiles'.



In Thailand

Thailand offers an abundance of amazing tours/activities for you to experience... Whilst some do need to be done pre-surgery... there is still a lot you can do post-surgery without compromising your health. Here is just a few of the many things you can do...

- Island Hopping
- Cabaret Shows
- Floating Markets
- Cooking Classes
- Elephant Trekking
- ATV Safaris
- Temples
- Yoga Retreat
- Big Buddha
- Outlet shopping
- Whitewater rafting
- Thai Boxing



Bangkok Hospital

Bangkok Hospitals first medical campus situated in Soi Soonvijai was inaugurated by a group of 40 medical practitioners and pharmacists, including a team of nurses administering the 100 bed-facility in 1972. Bangkok Hospital was the first private medical institution in the nation.



Joint Commission
International Accreditation
USA

With persistent commitment and the pursuit to establish as the nations leading health care provider, the hospital developed its facilities, technology, service standards and personnel to become a respected and renowned medical leader in Thailand and the broader Asian region.

They are meticulous to the attention and the details of their standards, hospitality and quality of all services. The synergies of their expertise in the medical field and latest technologies enable our clients to feel confident about their medical choices. Today, Bangkok Hospital Group is the kingdoms largest hospital operator with more than 20 locations throughout Thailand The Bangkok Hospital chain has been hand chosen for 3 of our Thailand destinations.

- Bangkok Hospital Bangkok
- Bangkok Hospital Pattaya
- Bangkok Hospital Koh Samui

Accredited with the ISO and JCI accreditations, Board Certified Surgeons in the Thailand and the USA.



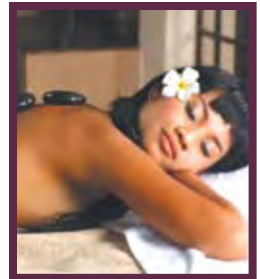


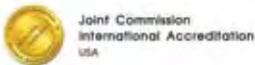
Skin Centres:

At Bangkok Hospital dermatology and aesthetics centres your offered wide spectrum of care and treatment using the most advanced medical equipments with dermatologists specialised in the area in medical and surgical dermatology. Equipped with state-of-the-art lasers offering a wide variety of therapeutic and aesthetic laser procedures, including:

- Non-invasive skin tightening and contouring
- Liquid nitrogen freezing for pre-cancer of skin
- Freezing for pre-cancerous skin lesions
- Skin resurfacing for acne scars
- Skin resurfacing for wrinkles (Wrinkle correction)
- Removal of age spots, moles and warts
- Treatment of port-wine stains/birthmarks
- Eradication of unsightly blood vessels
- Hair removal
- Cellulite treatment
- Other skin diseases
- Botox injections
- Collagen/dermal fillers

Accreditations include ISO and JCI. With the surgeons members of the International Society of Aesthetic Plastic Surgery (ISAPS). ISAPS members are qualified and nationally certified plastic surgeons in 91 countries. Founded 40 years ago at the United Nations in New York, the ISAPS mission is to continuously educate our member surgeons in the latest procedures, to disseminate accurate and current information to the public and the media, and to promote safe surgery.





Phuket International Hospital

Founded in 1982, Phuket International Hospital was the first private hospital to open in the area. Phuket International Hospital has not only expanded the range of services provided, but also the size of the hospital which is in excess of 150 beds, treating hundreds of thousands of patients each year, including the first hospital in Phuket to treat medical tourists.



Phuket International Hospital employs international staff to take care of their international clients and offer a complete range of services to ensure that your visit to our hospital is as smooth and as pleasant as possible.

Phuket International Dental, Skin & Lasik Centres



Phuket International Dental Centre is one of the oldest and most reliable dental practices in Phuket, offering all dental specialties in one clinic. They successfully combine the latest innovation in dental technology with a highly educated, professional team of 15 dentists, each qualified in their own specialty, to offer you the most innovative and creative treatments available.



Accreditations include ISO and JCI. With the surgeons members of the International Society of Aesthetic Plastic Surgery (ISAPS). ISAPS members are qualified and nationally certified plastic surgeons in 91 countries. Founded 40 years ago at the United Nations in New York, the ISAPS mission is to continuously educate our member surgeons in the latest procedures, to disseminate accurate and current information to the public and the media, and to promote safe surgery.



Services

The Phuket International **Eye & LASIK Centre** offers both LASIK eye surgery for corrective vision treatment, as well as diagnosis and treatment of a variety of ophthalmology conditions, with both medical and surgical options.

- Vision testing
- Major & minor eye surgery
- Eye Laser Refraction
- LASIK
- PRK
- Glaucoma treatment
- Vision therapy
- Melasma
- Acne
- Freckles
- Wrinkles
- Varicose veins
- Skin infections
- Skin tumours
- Skin disease
- Psoriasis



Services

The Phuket International **SKIN & LASER CENTRE** offers a comprehensive range of the latest procedures, performed to the highest standards

- Laser Hair Removal
- Botox
- Dermal Fillers
- Collagen Stimulation and Vascular Treatment
- IPL
- Microdermabrasion
- Treatment of Skin Diseases



PREFERRED ACCOMMODATION



THAILAND

Beautiful Thailand, your Health and Wellness Destination. There is good reason Thailand is the most visited country in South-East Asia: few countries in the world can boast as much natural beauty, inviting culture, distinctive cuisine and preserved history as this. Known as the "Land of Smiles", Thailand rewards travellers with great diversity, from the platinum beaches to the bustling cities, jungle expeditions, floating markets and internationally famous cuisine.

Amari Resorts & Hotels Thailand

The Amari is one of Thailand's largest locally owned hotel and resort groups, with a network of properties in desirable beach, rural and city destinations across Thailand.. Somnio has personally handpicked the Amari chain because of their facilities, comfort, location and most importantly cost. All located close to our Hospitals in each destination, close to shopping and attractions.

Phuket - Amari Coral Reef

Hidden away on a secluded beach near Patong, Amari Coral Beach is the ideal Phuket vacation spot no matter what you are seeking.



Pattaya - Amari Orchid

Just a relaxing stroll to the beach, the Ocean Tower soars 20 storeys into the sky, offering contemporary rooms and suites with stunning views of glittering Pattaya Bay.



Bangkok - Amari Residences Bangkok

Conveniently located in the heart of Bangkok, the Amari Residences offer modern first-class facilities and comprehensive services combining the traditional comforts of home-style living with Amari's legendary service.



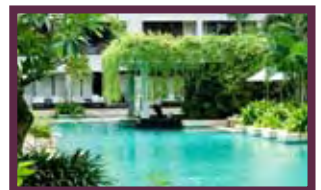
Amari Palm Reef Koh Samui

Nestled in a secluded corner of Samui's most popular beach, shaded by the palm trees and cooled by the salt breeze, Amari Palm Reef is a true island oasis. Cushioned by soft white sands and sparkling waters, Amari welcomes you to one of the most idyllic islands in the Gulf of Thailand.



BanThai Resort & Spa Phuket

BanThai Beach Resort & Spa is located at the centre of Patong Beach, Phuket Thailand and situated on 5 acres of land amid lush tropical gardens facing the turquoise waters of the Andaman Sea.



Whilst Somnio International Medical Holidays is contracted with the above Resorts and Hotels to offer competitive rates direct to our clients.. we work in conjunction with Flight Centre to ensure your travel needs are within budget.

COSMETIC PROCEDURES



Cosmetic plastic surgery is performed in order to change one's appearance. For some, it may mean redesigning the body's contour and shape, the elimination of wrinkles, or eliminating balding areas. Others may choose varicose vein treatment or breast augmentation. There are a number of cosmetic surgery procedures that men and women can choose from in order to create an image that makes them feel more confident and comfortable with their appearance.

- Breast augmentation (implants)
- Breast revision
- Breast lift
- Breast Reduction
- Areola Reduction
- Buttock lift
- Chin, cheek, or jaw reshaping
- Upper/Lower Eyelid lift (blepharoplasty)
- Ear Surgery
- Facelift
- Neck Lift
- Forehead lift
- Hair replacement/transplantation
- Lip augmentation
- Liposuction
- Lower body lift
- Nose reshaping (rhinoplasty)
- Thigh lift
- Tummy tuck (abdominoplasty)
- Upper arm lift
- Botox injections
- Plumping/collagen or fat injections (facial rejuvenation)
- Laser skin resurfacing
- Laser treatment of leg veins
- Vaginal rejuvenation (Labiaplasty) Reassignment Surgery

Surgical Cost Comparison Table:

Cosmetic Procedures	Australia	Thailand
Breast Implant (Augmentation)	\$10,000	\$3,400
Breast Implant with Lift	\$14,800	\$5,300
Breast Reduction	\$13,000	\$5,000
Face Lift	\$12,000	\$4,600
Tummy Tuck (Abdominoplasty)	\$8,700	\$4,600
CoolLipo Liposuction (3 areas)	\$8,000	\$3,300
LASIK Eye Surgery	\$4,300	\$2,000
Labiaplasty	\$4,400	\$625

* Australian prices may vary depending on location * Thai price may vary depending on Hospital * The above prices are a guide only and are subject to change without notification
 Consultation and costs are based on images and medical forms. Length of travel is dependent on procedure and will be dictated by Surgeon.

DENTAL PROCEDURES



Dental health can be important to your health overall. From preventing tooth decay and avoiding mouth injuries to banishing bad breath and more. Whether you are on holiday, a business trip, Somnio encourages you to visit our amazing Dental Centres in Thailand. All specialists are trained to the highest standards in the world. Using only State-of-the-Art equipment, the latest safe and proven techniques with hygiene and sterilization procedures are used to ensure your utmost safety.

- Dental Implantation
- Orthognathic Surgery
- Microimplant
- Cosmetic dentistry & Prosthodontics
- Crowns & bridges
- Dental veneer
- Laser Teeth whitening
- Endodontic & Root canal treatment
- Home bleaching for Teeth whitening
- Operative dentistry
- Oral & maxillo-facial surgery
- Oral soft tissue surgery by Laser
- Paediatric dentistry
- Periodontics
- Dental CT (New) and Dental X-ray extra and intra oral
- Painless/PainFree dentistry (Nitrus Oxide-Oxygen Machine)
- Oral Chroma
- Fillings
- Scaling/Cleaning

Surgical Cost Comparison Table:

Dental Procedures	Australia	Thailand
Dental Filling (White)	\$140	\$35
Root Canal	\$1,100	\$335
Dental Crown	\$1,300	\$600
Veneers (Porcelain)	\$1,400	\$380
Teeth Whitening (Zoom)	\$900	\$380
Tooth Extraction	\$228	\$60

* Australian prices may vary depending on location * Thai price may vary depending on Hospital * The above prices are a guide only and are subject to change without notification
 Consultation and costs are based on images and OPG X-ray. Length of travel is dependent on treatments needed and will be dictated by Specialist.



SOMNIO...TO DREAM

In Latin Somnio means to DREAM...

Imagine combining an exotic holiday with Cosmetic & Dental procedures, all at one relaxing destination with savings of up to 70% on your surgery or treatments!

Your room lies nestled amongst the coconut palms with the sounds of waves washing your worries away. The divine smells of traditional Thai flavours float through the air while the locals have a smile for you on every corner, filling your every fibre with a feeling of warmth and excitement in anticipation of the new you, that you have been dreaming of...



SOMNIOMEDICAL.COM

PO Box 176, Biggera Waters QLD, 4216, Australia p1300 744 725

Whilst all care has been taken in the preparation of the particulars contained herein, no warranty can be given and interested parties must therefore rely on their own enquiries.